

**Health and safety regulations
at the Department of Anatomy
of the Medical Faculty of the University of Warmia and Mazury in Olsztyn
for Medical Students**

Students must bear in mind that in section halls they are dealing with human corpses and remains, which are subject to due seriousness and respect.

- a. Only UWM Students with an ID with photo and data have access to the dissecting rooms personal (name, surname, field of study) dressed in protective clothing: white, clean and ironed surgical gown (buttoned or tied at the back); white headkerchief (Ladies) or white surgical cap (Gentlemen), tied hair; changed footwear (footwear with covered toes and a white sole applies). Protective suit should be worn and removed outside the dissecting room. Each student is required to have disposable protective gloves.
- b. Students are not allowed to stay in the dissecting halls outside the designated hours of classes and consultations.
- c. Bringing unauthorized persons to the dissecting room is strictly prohibited.
- d. In the dissecting rooms it is forbidden to take pictures and / or record movies using cameras, mobile phones, smartphones, tablets and any other electronic equipment equipped with a camera.
- e. In all rooms of the Chair of Anatomy, strict compliance with hygiene and health and safety rules must be observed.
- f. Before entering the dissecting rooms, leave your outer clothing, bags, briefcases and backpacks in the locker room.
- g. Books, anatomic atlases and a set for taking notes or drawings, laser or paper pointer should be brought to the classes.
- h. It is strictly forbidden to bring food, drinks and chewing gums into the dissecting rooms, which is tantamount to a ban on eating, drinking any drinks and chewing gum in the dissecting rooms.
- i. Before proceeding with the preparation review, remove jewellery from hands and put on disposable protective gloves.
- j. Students are not allowed to leave the dissecting room during classes without notifying the assistant conducting the classes and obtaining his consent.
- k. It is forbidden to move around the department area wearing gloves, it is strictly forbidden to touch the door handles and other equipment with gloves used during the review of preparations.
- l. It is absolutely necessary to inform the assistant about any case of injury or introduction of formalin into the conjunctiva.
- m. After browsing the preparations, remove gloves and wash your hands.
- n. When using preparations, maximum care must be taken to ensure that they do not get damaged.
- o. After completing the classes and / or using the preparations, students are required to protect the preparations against destruction according to the assistant's instructions.
- p. Smoking is strictly forbidden on the premises of the University Clinical Hospital, in particular the Chair of Anatomy and the entire Collegium Anatomicum building.