

## ANATOMY 2025/2026

### Classes and lectures schedule

07.10.2025	Tuesday	Regulations and policies. Introduction to anatomy. General Terms: planes and axes, terms of direction and relation, lines used for the body description. General terms used for bones, the shape of bones. Bones, joints and ligaments. Varieties and classification of synovial joints. Types of movements., Vertebral column: primary and secondary curvature.	Upper and Lower Limbs
08.10.2025	Wednesday	Practical classes based on the Flipped Spotters model	
09.10.2025	Thursday	Lecture	
09.10.2025	Thursday	Regions of the upper limb. Shoulder: bones, muscles, bursa and fascia. Nerves and vessels of the shoulder. Topographical elements of the shoulder. Spinal nerve and brachial plexus. Clinical and radiological anatomy. Axila	
14.10.2025	Tuesday	Arm: bones, muscles, bursa and fascia. Nerves and vessels of the arm. Topographical elements of the arm. Clinical and Radiological Anatomy.	
15.10.2025	Wednesday	Practical classes based on the Flipped Spotters model	
16.10.2025	Thursday	Lecture	
16.10.2025	Thursday	Forearm: bones, joints and ligaments of the forearm. Muscles, fasciae, nerves and vessels of the forearm. Clinical and Radiological Anatomy.	
21.10.2025	Tuesday	Hand: bones, joints and ligaments of the hand. Muscles. Fasciae. Nerves and vessels. Clinical and Radiological Anatomy.	
22.10.2025	Wednesday	Practical classes based on the Flipped Spotters model	
23.10.2025	Thursday	Lecture	
23.10.2025	Thursday	<b>Upper Limb – review – pre- TOSSPE</b>	
28.10.2025	Tuesday	Bones, joints, and ligaments of the pelvic girdle. Muscles, vessels, and nerves of the pelvic girdle. Topographical elements. Clinical and radiological anatomy.	
29.10.2025	Wednesday	Practical classes based on the Flipped Spotters model	
04.11.2025	Tuesday	Bones, joints and ligaments of thigh. Muscles, vessels and nerves of thigh. Topographical elements. Clinical and radiological anatomy.	
05.11.2025	Wednesday	Practical classes based on the Flipped Spotters model	
06.11.2025	Thursday	Lecture	
06.11.2025	Thursday	Bones, joints and ligaments of the leg. Muscles, vessels and nerves of leg. Topographical elements. Clinical and radiological anatomy.	
13.11.2025	Thursday	Bones, joint and ligaments of foot. Muscles, vessels and nerves. Topographical elements. Clinical and radiological anatomy.	
18.11.2025	Tuesday	<b>Lower Limb – review</b>	
19.11.2025	Wednesday	Practical classes based on the Flipped Spotters model	

20.11.2025	Thursday	Lecture	
20.11.2025	Thursday	<b>Upper and Lower Limb – Review – pre- TOSSPE.</b>	
25.11.2025	Tuesday	<b>Upper and Lower limb – Review – Preparing for practical part of credit. First time using tablets.</b>	
26.11.2025	Wednesday	Practical classes based on the Flipped Spotters model	
27.11.2025	Thursday	<b>CREDIT 1 – Upper and lower limbs</b>	
02.12.2025	Tuesday	Regions of the back. Vertebral column. Bones. Muscles, bursa, and fascia of the back. Nerves and vessels of the back. Topographical elements of the back. Clinical and Radiological Anatomy.	Back, thorax, and neck
03.12.2025	Wednesday	Practical classes based on the Flipped Spotters model	
04.12.2025	Thursday	Lecture	
04.12.2025	Thursday	Vertebral Column and skeleton of the thoracic cage. Breast. Thoracic wall. Muscles, vessels, nerves.	
09.12.2025	Tuesday	Lungs. Bronchopulmonary segments. Bronchi. Pleural cavity and pleura. Clinical and Radiological Anatomy	
10.12.2025	Wednesday	Practical classes based on the Flipped Spotters model	
11.12.2025	Thursday	Heart. Pericardium. Vessels and nerves of the heart. Clinical and Radiological Anatomy.	
16.12.2025	Tuesday	Mediastinum. Clinical and Radiological Anatomy	
17.12.2025	Wednesday	Practical classes based on the Flipped Spotters model	
18.12.2025	Thursday	Lecture	
18.12.2025	Thursday	<b>Thorax – Review</b>	
08.01.2026	Thursday	Cervical vertebrae. Occipital bone. Atlanto-occipital joint, ligaments, and movements. Scapula and clavicle. Sternoclavicular joint and acromioclavicular joint. Ligaments and movements. Nuchal region.	
13.01.2026	Tuesday	Muscles of the neck and nuchal muscles: innervations, origin and insertion, and function.	
14.01.2026	Wednesday	Practical classes based on the Flipped Spotters model	
16.01.2026	Thursday	Lecture	
15.01.2026	Thursday	Larynx: muscles, cartilages, joints, innervations, blood supply. Lymphatic vessels and nodes of the larynx. CN X. Laryngopharynx.	
20.01.2026	Tuesday	Thyroid gland. Parathyroid glands. Pharynx. Vessels of the neck. Triangles of the neck. Spinal nerve. Cervical plexus, accessory nerve (CN XI). Radiological and clinical anatomy of neck.	
21.01.2026	Wednesday	Practical classes based on the Flipped Spotters model	
22.01.2026	Thursday	<b>Neck – review</b>	
27.01.2026	Tuesday	<b>Thorax, Back, and Neck – Review – pre- TOSSPE</b>	
28.01.2026	Wednesday	Practical classes based on the Flipped Spotters model	
30.01.2026	Friday	<b>CREDIT 2 – Back, Thorax, and Neck</b>	