ANATOMY 2025/2026

07.10.2025	*Tuesday*	Regulations and policies. Introduction to anatomy. General Terms: planes and axes, terms of direction and relation, lines used for the body description. General terms used for bones, the shape of bones. Bones, joints and ligaments. Varieties and classification of synovial joints. Types of movements., Vertebral column: primary and secondary curvature.	**Upper and Lower Limbs**
08.10.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	
09.10.2025	*Thursday*	Lecture	
09.10.2025	*Thursday*	Regions of the upper limb. Shoulder: bones, muscles, bursa and fascia. Nerves and vessels of the shoulder. Topographical elements of the shoulder. Spinal nerve and brachial plexus. Clinical and radiological anatomy. Axila	
14.10.2025	*Tuesday*	Arm: bones, muscles, bursa and fascia. Nerves and vessels of the arm. Topographical elements of the arm. Clinical and Radiological Anatomy.	
15.10.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	
16.10.2025	*Thursday*	Lecture	
16.10.2025	*Thursday*	Forearm: bones, joints and ligaments of the forearm. Muscles, fasciae, nerves and vessels of the forearm. Clinical and Radiological Anatomy.	
21.10.2025	*Tuesday*	Hand: bones, joints and ligaments of the hand. Muscles. Fasciae. Nerves and vessels. Clinical and Radiological Anatomy.	
22.10.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	
23.10.2025	*Thursday*	Lecture	
23.10.2025	*Thursday*	**Upper Limb – review – pre- TOSSPE**	
28.10.2025	*Tuesday*	Bones, joints, and ligaments of the pelvic girdle. Muscles, vessels, and nerves of the pelvic girdle. Topographical elements. Clinical and radiological anatomy.	
29.10.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	
04.11.2025	*Tuesday*	Bones, joints and ligaments of thigh. Muscles, vessels and nerves of thigh. Topographical elements. Clinical and radiological anatomy.	
05.11.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	
06.11.2025	*Thursday*	Lecture	
06.11.2025	*Thursday*	Bones, joints and ligaments of the leg. Muscles, vessels and nerves of leg. Topographical elements. Clinical and radiological anatomy.	
13.11.2025	*Thursday*	Bones, joint and ligaments of foot. Muscles, vessels and nerves. Topographical elements. Clinical and radiological anatomy.	
18.11.2025	***Tuesday***	**Lower Limb – review**	
19.11.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	

20.11.2025	*Thursday*	Lecture	
20.11.2025	*Thursday*	**Upper and Lower Limb – Review – pre- TOSSPE.**	
25.11.2025	*Tuesday*	**Upper and Lower limb – Review – Preparing for practical part of credit. First time using tablets.**	
26.11.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	
27.11.2025	***Thursday***	**CREDIT 1 – Upper and lower limbs**	
02.12.2025	*Tuesday*	Regions of the back. Vertebral column. Bones. Muscles, bursa, and fascia of the back. Nerves and vessels of the back. Topographical elements of the back. Clinical and Radiological Anatomy.	**Back, thorax, and neck**
03.12.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	
04.12.2025	*Thursday*	Lecture	
04.12.2025	*Thursday*	Vertebral Column and skeleton of the thoracic cage. Breast. Thoracic wall. Muscles, vessels, nerves.	
09.12.2025	*Tuesday*	Lungs. Bronchopulmonary segments. Bronchi. Pleural cavity and pleura. Clinical and Radiological Anatomy	
10.12.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	
11.12.2025	*Thursday*	Heart. Pericardium. Vessels and nerves of the heart. Clinical and Radiological Anatomy.	
16.12.2025	*Tuesday*	Mediastinum. Clinical and Radiological Anatomy	
17.12.2025	*Wednesday*	Practical classes based on the Flipped Spotters model	
18.12.2025	*Thursday*	Lecture	
18.12.2025	*Thursday*	**Thorax – Review**	
08.01.2026	*Thursday*	Cervical vertebrae. Occipital bone. Atlanto-occipital joint, ligaments, and movements. Scapula and clavicle. Sternoclavicular joint and acromioclavicular joint. Ligaments and movements. Nuchal region.	
13.01.2026	*Tuesday*	Muscles of the neck and nuchal muscles: innervations, origin and insertion, and function.	
14.01.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
16.01.2026	*Thursday*	Lecture	
15.01.2026	*Thursday*	Larynx: muscles, cartilages, joints, innervations, blood supply. Lymphatic vessels and nodes of the larynx. CN X. Laryngopharynx.	
20.01.2026	*Tuesday*	Thyroid gland. Parathyroid glands. Pharynx. Vessels of the neck. Triangles of the neck. Spinal nerve. Cervical plexus, accessory nerve (CN XI). Radiological and clinical anatomy of neck.	
21.01.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
22.01.2026	*Thursday*	**Neck – review**	
27.01.2026	*Tuesday*	**Thorax, Back, and Neck – Review – pre- TOSSPE**	
28.01.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
30.01.2026	***Friday***	**CREDIT 2 – Back, Thorax, and Neck**	
24.02.2026	*Tuesday*	Regions of the abdomen. Abdominal wall, muscles of abdomen. Inguinal canal. Peritoneum: development and parts, dorsal and ventral mesentery, lesser and greater omentum, omental bursa.	**Abdom**

		Peritoneal cavity. Abdominal organs: supracolic part. Topographical elements of abdominal wall. Hernia	
25.02.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
26.02.2026	*Thursday*	Supracolic part: esophagus, stomach (parts), small intestine (duodenum, jejunum, ileum), liver (lobes, segments), pancreas, spleen. Gallbladder. Common hepatic duct, cystic duct, bile duct. porta hepatis. Hepatic portal vein. Clinical and Radiological Anatomy.	
03.03.2026	*Tuesday*	Peritoneal cavity: topographical elements and syntopia of supracolic part organs and infracolic part organs. Extraperitoneal space: organs, vessels, nerves. Clinical and Radiological Anatomy.	
04.03.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
05.03.2026	***Thursday***	**Abdomen – Review**	
10.03.2026	*Tuesday*	Pelvic girdle. Peritoneum and muscles of pelvic floor. Ischioanal fossa. Pudendal canal. Perineum. Extraperitoneal space (rectum, anal canal, vessels and nerves). Clinical and Radiological Anatomy. Extraperitoneal space. Urinary system. Clinical and Radiological Anatomy.	
11.03.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
12.03.2026	*Thursday*	Male genital organs. Clinical and Radiological Anatomy.	
17.03.2026	*Tuesday*	Female genital organs. Clinical and Radiological Anatomy.	
18.03.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
19.03.2026	***Thursday***	**Pelvis – review**	
24.03.2026	***Tuesday***	**Abdomen and Pelvis – Review – pre- TOSSPE**	
25.03.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
26.03.2026	***Thursday***	**CREDIT 3 – Abdomen and pelvis**	
31.03.2026	*Tuesday*	Skull. Chondrocranium and Desmocranium. Neurocranium: frontal bone, parietal bone, occipital bone, ethmoidal bone. Sutures, sphenoid bone, temporal bone. Topographical elements of the skull and its communication: anterior, middle and posterior cranial fossa. Radiological Anatomy: X-ray, CT, MR	**Skull, Head, and Central Nervous System**
01.04.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
09.04.2026	*Thursday*	Skull. Splanchnocranium – maxilla, palatine bone, zygomatic bone, lacrimal bone, nasal bone, inferior nasal concha, vomer. Mandible. Paranasal sinuses. Joints of the skull: temporomandibular joint and atlantooccipital joint, sutures. Topographical elements of the skull and its communication: orbit, temporal fossa, infratemporal fossa, pterygopalatine fossa, oral cavity, nasal cavity. Temporomandibular joint and mandible. Canals and foramina of the skull and their content. Clinical anatomy. Radiological anatomy: X-ray, CT, MR	
14.04.2026	*Tuesday*	Muscles of the head, CN VII. Vessels of head. Parotid gland. Oral cavity. Salivary glands. Tongue. CN V, CN IX, CN X, CN XII. Taste	

		pathway.	
15.04.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
16.04.2026	*Thursday*	Nasal cavity. Olfactory pathway. CN I and CN V. Sensory innervations of the head. Orbit and eye. CN II-IV and CN VI. Visual pathway. Cavernous sinus. Autonomic nervous system of the head.	
21.04.2026	*Tuesday*	Ear, CN VIII, Auditory pathway. Vestibular pathway, Topographical and Clinical anatomy of the head. Radiological Anatomy: X-ray, CT, MR.	
22.04.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
23.04.2026	*Thursday*	**Head and Skull - review**	
28.04.2026	*Tuesday*	Development of CNS. Telencephalon and meninges. Diencephalon and Basal forebrain	
29.04.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
05.05.2026	*Tuesday*	Mesencephalon. Clinical anatomy of CNS.	
06.05.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
07.05.2026	*Thursday*	Rhombencephalon. Basal forebrain and Limbic system. Radiological anatomy: X-ray, CT, MR.	
12.05.2026	*Tuesday*	Blood supply of CNS. Radiological anatomy: X-ray, CT, MR. Spinal cord, spinal meninges. Pyramidal pathway. Motor pathways: extrapyramidal, corticobulbar. Cranial nerves: motor nuclei and fibres. Sensory pathways. Cranial nerves I, II, VIII, sensory and autonomic nuclei and fibres. Olfactory pathway. Visual pathway. Auditory pathway. Taste pathway Radiological anatomy: X-ray, CT, MR	
13.05.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
14.05.2026	***Thursday***	**CNS – review**	
19.05.2026	***Tuesday***	**Skull, Head and CNS – Review – pre-TOSSPE**	
20.05.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
21.05.2026	***Thursday***	**CREDIT 4 – Skull, Head and CNS**	
26.05.2026	***Tuesday***	**Review – exam**	
02.06.2026	***Tuesday***	**Additional credit**	
09.06.2026	*Tuesday*	Review – exam	
10.06.2026	*Wednesday*	Practical classes based on the Flipped Spotters model	
11.06.2026	*Thursday*	Review – exam	