



Course syllabus – part A
Elective course - Philosophy of Person - Centered Care

48SJO-ECPOPCC**2024****ECTS: 1.50****SUBJECT MATTER CONTENT:**

Presentation of the biopsychosocial model of health from the perspective of anthropology of medicine and philosophy, defining the principles of person-centred care. The most important issues addressed within the course are: • What we can expect from person-centred care? • What kinds of changes are possible through person-centred care? • What are the barriers and enablers of person-centred care? • How can we tell if care is person-centred? • How can we implement that concept into medicine, especially for elderly and dementia patients?

TEACHING OBJECTIVE:

The main aim of the course is to present a Philosophy of person-centered care, which is a basic concept in modern medicine, and an essential component of medical and care practice based on the psychologist Carl Rogers' concept of a client-centered approach in psychotherapy. "Unconditional positive regard" - according to Rogers - is the professional's willingness to suspend judgement and appreciate the service user's perspective". The main aim of the course is an introduction to the issues of the contemporary concept of person-centered care in medicine with an indication of its philosophical foundations, which is a basic concept in modern medicine, and an essential component of medical and care practice.

DESCRIPTION OF THE LEARNING OUTCOMES OF THE COURSE IN RELATION TO THE DESCRIPTION OF THE CHARACTERISTICS OF THE SECOND LEVEL LEARNING OUTCOMES FOR QUALIFICATIONS AT LEVELS 6-8 OF THE POLISH QUALIFICATION FRAMEWORK IN RELATION TO THE SCIENTIFIC DISCIPLINES AND THE EFFECTS FOR FIELDS OF STUDY:

Symbols for outcomes related to the discipline:

M/NMA_P7S_KO++, M/NMA_P7S_UW++++, M/NMA_P7S_WG+++

Symbols for outcomes related to the field of study:

K.1.+, K.4.+, D.U11.+, D.U13.+, D.U14.+, D.U10.+, D.W6.+, D.W10.+, D.W11.+

LEARNING OUTCOMES (Knowledge, Skills, Social competence):

- K1** In terms of competences, (indicated by letter K- Polish language term "K"- / "competences"), the graduate is able to: establishing and maintaining deep and respectful contact with the patient, as well as demonstrating understanding of worldview and cultural differences; taking actions towards the patient based on

Legal acts specifying learning outcomes: 467/2024 (Medicine),
Status of the course:
Group of courses:
Discipline: Humanities

Program: Medicine
Form of studies: full-time
Level of studies: uniform master's studies

Introductory subject: Medical Ethics

Prerequisites: knowledge of medical ethics

Coordinators:

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ethical principles, with an awareness of the social conditions and limitations resulting from the illness.

U1 In terms of skills, (indicated by letter U- Polish language term “U”- / “skills”), the graduate is able to: appropriately use open and closed-ended questions, paraphrasing, clarification, internal and concluding summaries, signaling, active listening (e.g., picking up and recognizing signals from the interlocutor, verbal and nonverbal techniques), and facilitation (encouraging the interlocutor to express themselves) according to the situation, adjust verbal communication to the patient's needs by expressing oneself in an understandable manner and avoiding medical jargon, establish contact with the patient and accompanying person to build a proper relationship (e.g., 4 Habits Model: Invest in the beginning, Demonstrate empathy, Elicit the patient's perspective, Invest in the end), look at the situation from the patient's perspective, build an appropriate context for the conversation, use elicitation methods, and incorporate it into verbal communication.

W1 In terms of knowledge, (indicated by letter W - Polish language term “wiedza”- W/ “knowledge”), the graduate knows and understands: the concept of empathy and expressions of empathy through words and actions; psychosocial consequences of illness for the patient's family (families with ill children, including adolescents, adults, and elderly individuals); the role of the patient's family in the process of illness (diagnosis, adaptation to illness, recovery) and coping strategies in difficult situations (disease progression, end-of-life processes, grief).

TEACHING FORMS AND METHODS:

Classes-['W1', 'U1', 'K1']-interactive seminars, discussion-Presentation of the biopsychosocial model of health from the perspective of anthropology of medicine and philosophy, defining the principles of person-centred care. The most important issues addressed within the course are: • What we can expect from person-centred care? • What kinds of changes are possible through person-centred care? • What are the barriers and enablers of person-centred care? • How can we tell if care is person-centred? • How can we implement that concept into medicine, especially for elderly and dementia patients?

FORM AND CONDITIONS OF VERIFYING LEARNING OUTCOMES:

Classes-(Presentation)-['W1', 'U1', 'K1']-presentation of person-centered approach from student's country of origin

Literature:

1. ***The Philosophy of Person-Centred Healthcare***, Derek Mitchell and Michael Loughlin, Cambridge, 2023, Strony: , Tom: (literatura podstawowa)
2. ***Person-centred care made simple What everyone should know about person-centred care***, The Health Foundation, London, 2016, Strony: , Tom: (literatura uzupełniająca)



Detailed description of ECTS credits awarded - part B

48SJO-ECPOPCC

2024

ECTS: 1.50

The number of ECTS credits awarded consists of:

1. Contact hours with the academic teacher:

- participation in:	20 h
- consultation	0 h
Total:	20 h

2. Independent work of a student:

preparation of presentation	15.50 h
Total:	15.50 h

Total (contact hours + independent work of a student) : 35.50 h

1 ECTS credit = 25-30 h of an average student's work, number of ECTS,
ECTS Points = $35.50 \text{ h} : 0 \text{ h/ECTS} = \mathbf{1.50 \text{ ECTS}}$

Average: 1.50 ECTS

- including the number of ECTS credits for contact hours with the direct participation of an academic teacher	0.85 ECTS
- including the number of ECTS credits for hours of independent work of a student	0.65 ECTS