



Course syllabus - part A Basic of Nutrition

48SJ-BONUT
ECTS: 1.00
CYCLE: 2023Z

SUBJECT MATTER CONTENT

LECTURE

Specific dietary components; Nutrition in integrated biologic systems; Nutrition needs and assessment during life cycle; Prevention and management of disease; Diet and nutrition in health of populations.

SEMINAR

ĆWICZENIA: Major dietary constituents and energy needs; Nutritional regulation of gene expression and nutritional genomics; Body composition and anthropometry; Pediatric and adolescent disorders; Disorders and metabolism; Prevention and management of Cardiovascular disease; Prevention and management of cancer;

TEACHING OBJECTIVE

DESCRIPTION OF THE LEARNING OUTCOMES OF THE COURSE IN RELATION TO THE DESCRIPTION OF THE CHARACTERISTICS OF THE SECOND LEVEL LEARNING OUTCOMES FOR QUALIFICATIONS AT LEVELS 6-8 OF THE POLISH QUALIFICATION FRAMEWORK IN RELATION TO THE SCIENTIFIC DISCIPLINES AND THE EFFECTS FOR FIELDS OF STUDY:

**Symbols for outcomes
related to the discipline:**

M/NM+++, M/NMA_P7S_WG+++,
M/NMA_P7S_KO+, M/NMA_P7S_UW+++,
M/NMA_P7S_KR+

**Symbols for outcomes
related to the field of study:**

E.U24.+ , B.U4+, M/NM_C.W50.++ ,
M/NM_E.W2.+ , K.1.+ , KA7_UK3+

LEARNING OUTCOMES:

Knowledge:

W1 -
W2 -

Skills:

U1 -
U2 -

Social competence:

K1 -

TEACHING FORMS AND METHODS:

Lecture(W1;W2;K1);
Seminar(U1;U2;K1);

FORM AND CONDITIONS OF VERIFYING LEARNING OUTCOMES:

**Legal acts specifying
learning outcomes:**
672/2020

Disciplines: medical sciences

Status of the

course: Obligatoryjny

Group of courses: A -

przedmioty podstawowe

Code: ISCED 0912

Field of study: Medicine

Scope of education:

Profile of education:

General academic

Form of studies: full-time

Level of studies: uniform

master's studies

Year/semester: 2/3

Types of classes: Lecture,
Seminar

Number of hours in

semester: Lecture: 10.00,

Seminar: 5.00

Language of

instruction: English

Introductory subject:

Prerequisites:

**Name of the organisational
unit conducting the**

course: Katedra Żywnienia
Człowieka

Person responsible for the

realization of the course: dr

hab. inż. Katarzyna

Przybyłowicz, prof. UWM

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.edu.pl

Additional remarks:

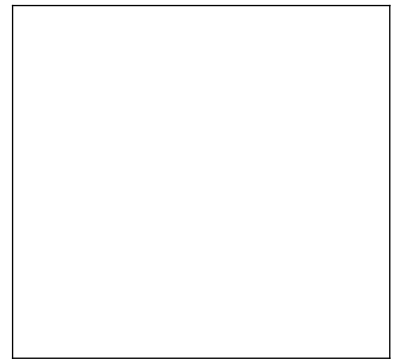
Lecture (Colloquium test) - -
Seminar (Write-up) - -

BASIC LITERATURE:

1. Peckenpaugh N., *Podstawy żywienia i dietoterapia*, Wyd. Elsevier Urban Partners, R. 2011

SUPPLEMENTARY LITERATURE:

1. Jarosz M. (red.), *Praktyczny podręcznik dietetyki*, Wyd. IŻŻ, Warszawa, R. 2011



Detailed description of ECTS credits awarded - part B

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Basic of Nutrition

The number of ECTS credits awarded consists of:

1. Contact hours with the academic teacher:

- participation in: Lecture	10.0 h
- participation in: Seminar	5.0 h
- consultation	2.0
	Total: 17.0 h.

2. Independent work of a student:

8.00 h

Total: 8.0 h

contact hours + independent work of a student Total: 25.0 h

1 ECTS credit = 25-30 h of an average student's work, number of ECTS credit = 25.0 h : 25.0 h/ECTS
= 1.00 ECTS on average: 1.0 ECTS

- including the number of ECTS credits for contact hours with the direct participation of an academic teacher: 0,00 ECTS points,

- including the number of ECTS credits for hours of independent work of a student: