



UNIVERSITY OF WARMIA AND MAZURY IN OLSZTYN
Faculty of Medicine

Course syllabus – part A

USOS Code: 48SJO-MODTRA

ECTS: 0.50

Cycle: 2026

Modular Training Modular Training

SUBJECT MATTER CONTENT:

Classes – Cancer disease from a psychological perspective, cancer disease from a social perspective, cancer disease from a spiritual perspective, psychological and psychosocial aspects of adjustment and adaptation to cancer, depression, anxiety, and other mental disorders in cancer patients, psychological, social, and spiritual problems during cancer recurrence, psychological consequences of cancer and its treatment, psychological issues of cured patients, disability and building a new identity, fundamentals of communication with cancer patients, recognizing patient needs, quality of life, and problems of family and loved ones of cancer patients."

TEACHING OBJECTIVE:

Understanding the basics of psycho-oncology, recognizing the most common psychological issues in cancer patients, learning ways to cope with cancer patients and their families.

DESCRIPTION OF THE LEARNING OUTCOMES OF THE COURSE IN RELATION TO THE DESCRIPTION OF THE CHARACTERISTICS OF THE SECOND LEVEL LEARNING OUTCOMES FOR QUALIFICATIONS AT LEVELS 6-8 OF THE POLISH QUALIFICATION FRAMEWORK IN RELATION TO THE SCIENTIFIC DISCIPLINES AND THE EFFECTS FOR FIELDS OF STUDY

Symbols for outcomes related to the discipline:

M/NMA_P7S_KO++, M/NMA_P7S_UW+++, M/NMA_P7S_WG+
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Symbols for outcomes related to the field of study:

K.1.+ , K.2.+ , D.U8.+ , D.U12.+ , D.U14.+ , D.W2.+ , D.W5.+ , D.W9.+ ,
D.W10.+ , D.W11.+

Legal acts specifying learning outcomes:
467/2024;

Discipline: Medical Sciences

Course status: Obligatory

Group of courses: B - major course

ISCED Code: 0912

Field of studies: Medicine

Field: Medicine

Learning profile: -

Form of studies: full-time

Level of studies: uniform master's studies

Year/Semester: 3rd year, Medicine in English

Classes types: Classes;

Classes: Classes (15h);

Language: ANG

Introductory subject: psychology

Prerequisites: Basic knowledge about malignant tumors

Organized by the unit:

Coordinators responsible for the course:

Monika Rucińska, monika.rucinska@uwm.edu.pl

Additional notes:

LEARNING OUTCOMES:

Knowledge (W1) – "Concepts of health and illness, the influence of the social environment (family, work, social relationships), and socio-cultural determinants (origin, social status, religion, nationality, and ethnic group) on the patient's health status; social attitudes towards illness, disability, and old age, as well as the specific impact of stereotypes, prejudices, and discrimination; psychosocial consequences of hospitalization for children, including adolescents, and adults in acute situations and chronic illnesses; psychosocial consequences of illness for the patient's family (families with ill children, including adolescents, adults, and elderly individuals); the role of the patient's family in the illness process (diagnosis, adaptation to illness, recovery), and coping strategies in difficult situations (disease progression, dying process, grief)."

Skills (U1) – To recognize one's own emotions and manage them in relationships with others for effective work performance despite emotional reactions; to identify and analyze challenging situations and communication-related challenges, including crying, strong emotions, anxiety, interrupting speech, awkward and sensitive issues, silence, withdrawal, aggressive and demanding behaviors, and cope with them constructively; to approach the situation from the patient's perspective, building an appropriate conversation context and using elicitation methods, and then incorporate it into constructing verbal messages.

Social competences (K1) – Establishing and maintaining a deep and respectful relationship with the patient, demonstrating understanding for worldview and cultural differences; prioritizing the patient's well-being.

Symbols for outcomes related to the field of study:

Classes – ['K1', 'U1', 'W1'] – "Discussion on selected topics

FORM AND CONDITIONS OF VERIFYING LEARNING OUTCOMES:

Classes (Oral test) – ['W1'] – pass with oral assessment

Classes (Evaluation of the work and cooperation in the group) – ['K1', 'U1', 'W1'] – Assessment of activity and involvement during discussions and case studies

Classes (Presentation) – [] – Preparing and presenting a presentation on a specific issue in the field of psycho-oncology

REQUIRED LITERATURE:

1. Psychoonkologia.

Krystyna de Walden-Gałuszko; Biblioteka Psychiatrii Polskiej.; 2000; Pages: ; Tome: -;

2. Psychoonkologia w praktyce klinicznej

Krystyna de Warden-Gałuszko,; Lekarskie PZWL; 2011; Pages: ; Tome: -;

3. Psychoonkologia. Diagnostyka - Metody terapeutyczne

M. Dorfmueller, H. Dietzfelbinger;; Elsevier.; 2011;
Pages: ; Tome: -;

COMPLIMENTARY LITERATURE:



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Detailed description of ECTS credits awarded - part B

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Modular Training
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1. Contact hours with the academic teacher:

- participation in: Classes	15 h
- consultation	2 h
	Total: 17 h

Independent work of a student:

Total: 0 h

contact hours + independent work of a student Total: 17 h

1 ECTS credit = 25-30 h of an average student's work, number of ECTS

ECTS Points = 17 h : 25 h/ECTS = 0.50 ECTS

Average: 0.50 ECTS

- including the number of ECTS credits for contact hours with the direct participation of an academic teacher - 0.50 ECTS pts

- including the number of ECTS credits for hours of independent work of a student - 0.00 ECTS pts