

**Course syllabus – part A
Modular Training**

48SJO-MODTRA
2025
ECTS: 0.50

SUBJECT MATTER CONTENT:**Classes**

1. Cancer in the psychological aspect 2. Cancer in the social aspect 3. Cancer in the spiritual aspect 4. Psychological and psychosocial aspects of adaptation to cancer 5. Depression, anxiety and other mental disorders in cancer patients 6. Psychological problems, social and spiritual in the event of cancer recurrence 7. Psychological consequences of cancer and its treatment. Psychological problems of a cured patient. Disability and building a new identity. 8. Basics of communication with a cancer patient 9. Recognizing the patient's needs. Quality of life. 10. Problems of family and relatives of a cancer patient

TEACHING OBJECTIVE:

The student will acquire knowledge of the basics of psycho-oncology, the ability to recognize the most common psychological problems in cancer patients, and ways of dealing with a cancer patient and his family.

DESCRIPTION OF THE LEARNING OUTCOMES OF THE COURSE IN RELATION TO THE DESCRIPTION OF THE CHARACTERISTICS OF THE SECOND LEVEL LEARNING OUTCOMES FOR QUALIFICATIONS AT LEVELS 6-8 OF THE POLISH QUALIFICATION FRAMEWORK IN RELATION TO THE SCIENTIFIC DISCIPLINES AND THE EFFECTS FOR FIELDS OF STUDY:

Symbols for outcomes related to the discipline:**Symbols for outcomes related to the field of study:****LEARNING OUTCOMES (Knowledge, Skills, Social competence):****W1**

D.W9. - basic psychological mechanisms of human functioning in health and disease;
D.W10. - the role of the patient's family in the treatment process
D.W11. - the issues of adaptation of the patient and his family to the disease as a difficult situation and to the events related to it, including dying and the family mourning process;
D.W15. - principles of motivating the patient to engage in health-promoting behavior and informing about an unfavorable prognosis;

U1

D.U1. - take into account the patient's subjective needs and expectations resulting from socio-cultural conditions in the therapeutic process;

Legal acts specifying learning outcomes:

Status of the course: None

Group of courses: None

Discipline: Medical Sciences

Classes:

Classes (15 h)

Step: Kierunek lekarski trzeci rok (oferta w jęz. angielskim dla obcokrajowców)

Program: Medicine

Form of studies: full-time

Level of studies: uniform master's studies

Introductory subject: psychology

Prerequisites: Basic knowledge about malignant tumors

Coordinators:

Monika Rucińska, monika.rucinska@uwm.edu.pl

D.U4 - build an atmosphere of trust during the entire diagnostic and treatment process;
D.U8 - provide the patient and his family with information about the unfavorable prognosis
D.U11. - use basic psychological interventions that motivate and support

K1

K.1. - establishing and maintaining deep and respectful contact with the patient, as well as showing understanding for ideological and cultural differences;
K. 2 - being guided by the patient's good

TEACHING FORMS AND METHODS:

Classes-['K1', 'U1', 'W1']-

FORM AND CONDITIONS OF VERIFYING LEARNING OUTCOMES:

Classes-(Evaluation of the work and cooperation in the group)-['K1', 'U1', 'W1']-
Assessment of activity and involvement during discussions and case studies
Classes-(Oral test)-['W1']-pass with oral assessment
Classes-(Presentation)-[]-Preparing and presenting a presentation on a specific issue in the field of psycho-oncology

Literature:

1. ***Psychoonkologia. Diagnostyka - Metody terapeutyczne***, M. Dorfmueller, H. Dietzfelbinger,, Elsevier., 2011, Strony: , Tom:- (literatura podstawowa)
2. ***Psychoonkologia w praktyce klinicznej***, Krystyna de Warden-Galuszko,, Lekarskie PZWL, 2011, Strony: , Tom:- (literatura podstawowa)
3. ***Psychoonkologia.***, Krystyna de Walden-Galuszko, Biblioteka Psychiatrii Polskiej., 2000, Strony: , Tom:- (literatura podstawowa)



Detailed description of ECTS credits awarded - part B
Modular Training

48SJO-MODTRA

2025

ECTS: 0.50

The number of ECTS credits awarded consists of:

1. Contact hours with the academic teacher:

- participation in: Classes	15 h
- consultation	2 h
Total:	17 h

2. Independent work of a student:

Total: 0 h

Total (contact hours + independent work of a student): 17 h

1 ECTS credit = 25-30 h of an average student's work, number of ECTS,
ECTS Points = 17 h : 25 h/ECTS = **0.50 ECTS**

Average: 0.50 ECTS

- including the number of ECTS credits for contact hours with the direct participation of an academic teacher	0.50 ECTS
- including the number of ECTS credits for hours of independent work of a student	0.00 ECTS