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|  | UNIVERSITY OF WARMIA AND MAZURY IN OLSZTYN |
|  |  **Course sylabus – part A** |
| **48SJO-CSL25** | **Clinical Skills Labs 2/5** |
| **2024** |  |
| **ECTS: 2.00** |  |

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| **SUBJECT MATTER CONTENT:****Classes**Examination, principles of interviewing and writing a medical history. Communication with the patient: general principles, communication models (biomedical model, patient-centered model). Contact with the patient deserves attention. Professionalism of behavior. Ways of evoking emotions, fear, aggression of the patient - genre scenes. Confidentiality of data, principles of professional conduct, behavior. Basics and techniques of physical examination of the patient with a standardized and simulated applicator - individual practical exercises. Basic physical examination in the field of internal medicine, isolated and neurological examinations. Learning to measure blood pressure and pulse. Principles of asepsis and antiseptics and unusual behaviors. Basic resuscitation practices with additional elements of ALS. Protective actions during resuscitation, vital signs. Sudden cardiac arrest, compliance and principles of conduct. Disorders of consciousness: neurological examination. Individual work of the student with a standardized and simulated patient - professional, social assessment and student-patient relationship. Introduction to oncology. Breast and lymphatic examination.**TEACHING OBJECTIVE:**After the procedure that can be removed, the basic disease action and implementation of basic practical procedures that are important for the medical staff will take place**DESCRIPTION OF THE LEARNING OUTCOMES OF THE COURSE IN RELATION TO THE DESCRIPTION OF THE CHARACTERISTICS OF THE SECOND LEVEL LEARNING OUTCOMES FOR QUALIFICATIONS AT LEVELS 6-8 OF THE POLISH QUALIFICATION FRAMEWORK IN RELATION TO THE SCIENTIFIC DISCIPLINES AND THE EFFECTS FOR FIELDS OF STUDY:****Symbols for outcomes related to the discipline:****Symbols for outcomes related to the field of study:****LEARNING OUTCOMES (Knowledge, Skills, Social competence):**

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| **K1**  | The student is ready to establish and maintain a deep and respectful contact with the patient, as well as to show understanding for ideological and cultural differences; |
| **K2**  | The student is ready to act in the best interests of the patient; |
| **K3**  | The student is ready to notice and recognize his/her own limitations and to make a self-assessment of educational deficits and needs |
| **U1**  | The student is able to perform a focused physical examination of an adult regarding the breast and prostate. |
| **U2**  | The student is able to conduct a complete and focused physical examination of an adult patient; |
| **U3**  | The student is able to conduct a conversation with an adult patient, a child and a family using active listening techniques and expressing empathy, and talk to the patient about his or her life situation; |
| **U4**  | The student is able to use basic surgical instruments; follow the principles of asepsis and antisepsis; dress a simple wound, apply and change a sterile surgical dressing; |
| **U5**  | The student is able to perform basic resuscitation procedures using an automated external defibrillator and other rescue activities and provide first aid; |
| **W1**  | The student knows and understands the principles and methods of communication with the patient and his family, which serve to build an empathetic, trust-based relationship; |
| **W2**  | The student knows and understands the importance of verbal and non-verbal communication in the process of communicating with the patient and the concept of trust in interaction with the patient; |
| **W3**  | The student knows and understands the basic sets of neurological symptoms; |
| **W4**  | The student knows and understands the guidelines for cardiopulmonary resuscitation of newborns, children and adults; |
| **W5**  | The student knows and understands the basics of early cancer detection and the principles of screening in oncology; |

**TEACHING FORMS AND METHODS:**

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| Classes-['W1', 'U1', 'K1', 'K2', 'U2', 'W2', 'U3', 'W3', 'K3', 'U4']-Practical classes |

**FORM AND CONDITIONS OF VERIFYING LEARNING OUTCOMES:**

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| Classes-(Colloquium practical)-['K1', 'W1', 'U1', 'K2', 'U2', 'W2', 'U3', 'W3', 'K3', 'U4']-Practical test, which qualifies with the patient and measurement of blood pressure and pulse, suturing of the leak, breast oncological examination, neurological examination, basic resuscitation tests - mini OSCE |

**Literature:**

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| 1. ***Clinical examination and Practical Skills" "Practical First Aid***, Jamed Thomas, Tanya Monaghan, OXFORD University Press, 2018, Strony: , Tom: (literatura podstawowa)  |
| 2. ***Practical First Aid***, Dorling Kideresley, The British Red Cross Society, 2015, Strony: , Tom: (literatura uzupełniająca)  |
| 3. ***First Aid Manual – step by step guide***, by St. John Ambulance, St. Andrew's Ambulance Association and British Red Cross Society, The British Red Cross Society, 2002, Strony: , Tom: (literatura podstawowa)  |

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| **Legal acts specifying learning outcomes:** **Status of the course:** None**Group of courses:**None**Discipline**: Medical Sciences**Classes:**  Classes (40 h)**Step**: Kierunek lekarski drugi rok (oferta w jęz. angielskim dla obcokrajowców)**Program:** Medicine**Form of studies:**full-time**Level of studies:** uniform master's studies |

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| **Introductory subject:** anatomy, phisiology, biochemistry**Prerequisites:** basic knowledge from anatomy, phisiology, biochemistry |

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| **Coordinators:****Beata Moczulska, beata.moczulska@uwm.edu.pl** |

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|  | UNIVERSITY OF WARMIA AND MAZURY IN OLSZTYN |
|  | **Detailed description of ECTS credits awarded - part B** |
| **48SJO-CSL25** | **Clinical Skills Labs 2/5** |
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The number of ECTS credits awarded consists of:

1. Contact hours with the academic teacher:

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| - participation in: Classes | 40 h |
| - consultation | 2 h |
|  | Total: 42 h |

2. Independent work of a student:

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| Preparing the student for classes | 2.00 h |
|  | Total: 2.00 h |

Total (contact hours + independent work of a student): 44.00 h

1 ECTS credit = 25-30 h of an average student’s work, number of ECTS,

ECTS Points = 44.00 h : 25 h/ECTS = **2.00** ECTS

Average: 2.00 ECTS

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| - including the number of ECTS credits for contact hours with the direct participation of an academic teacher | 1.91 ECTS |
| - including the number of ECTS credits for hours of independent work of a student | 0.09 ECTS |