

Course sylabus - part A Cytophysiology

48SJO-CYTOPHY ECTS: 3.00 CYCLE: 2024

SUBJECT MATTER CONTENT

LECTURE

The structure of cell membranes. Membrane transport and its mechanisms. Multidrug resistance. Cell nucleus and chromatin structure. Regulation of gene expression. Epigenetic regulation. Mechanisms of mitosis and meiosis. Nondisjunction. Cell cycle and its regulation. Cyclins, cyclin-dependent kinases, cell cycle restriction points. Protoncogenes and tumor suppressor genes. Mechanisms of cell cycle regulation and their disturbances in the cancer process. Cell growth, differentiation and aging processes. Intercellular communication. Membrane and intracellular receptors and signal transduction pathways. Stem cells. Selected aspects of undifferentiated cell therapy. Selected elements of regenerative medicine. Bone marrow transplantation and principles of tissue selection.

CLASSES

Methods used in research on cells and tissues: optical and electron microscopy. Digital and virtual microscopy. Immunohistochemistry. Products of the apical surface of epithelial cells. Cytoskeleton. Intercellular interactions. Adhesion molecules. Intercellular connections. Basement membrane of epithelia. Extracellular matrix. Vesicular transport: endocytosis, phagocytosis, transcytosis and exocytosis. Cell nucleus, chromatin and nucleolus. Ribosomes, RER, translation. Golgi apparatus, protein modification and secretion. Regulation of intracellular protein turnover. Cellular secretion and its regulation. Protein degradation: proteasomes and lysosomes. Cytoplasmic inclusions. Mitochondrion. Changes in the energy level of the cell. Peroxisomes. Highly reactive oxygen species. Cell cycle: apoptosis and necrosis. Cell differentiation: selected differentiated cells. Inflammatory response cells: B lymphocyte, T lymphocyte, phagocytic cells, mast cell. Cytophysiology of the development of the local inflammatory response. Diapedesis. Cell interaction: macrophage-fibroblast.

TEACHING OBJECTIVE

The main objective of the course is to provide students with knowledge about the morphology and functions of normal human cells as well as dysfunctions of basic molecular mechanisms. Knowledge in the field of cytophysiology is the basis for continuing teaching in the field of preclinical sciences: physiology, pathophysiology and pathomorphology. An important part of teaching are practical tasks in which students recognize and describe cells and structures within cells or extracellular matrix on a microscopic images.

DESCRIPTION OF THE LEARNING OUTCOMES OF THE COURSE IN RELATION TO THE DESCRIPTION OF THE CHARACTERISTICS OF THE SECOND LEVEL LEARNING OUTCOMES FOR QUALIFICATIONS AT LEVELS 6-8 OF THE POLISH QUALIFICATION FRAMEWORK IN RELATION TO THE SCIENTIFIC DISCIPLINES AND THE EFFECTS FOR FIELDS OF Legal acts specifying learning outcomes: 467/2024 Disciplines: medical sciences Status of the course:Obligatoryjny Group of courses:A przedmioty podstawowe Code: ISCED 0912 Field of study: Medicine Scope of education: Medicine Profile of education: General academic Form of studies: full-time Level of studies: uniform master's studies Year/semester: /1

Types of classes: Lecture, Classes Number of hours in semester:Lecture: 10.00, Classes: 30.00 Language of instruction:English Introductory subject: NA Prerequisites: Basic knowledge of cell biology

Name of the organisational unit conducting the course:Katedra Histologii i Embriologii Człowieka Person responsible for the realization of the course:dr hab. n. med. Janusz Godlewski, prof. UWM, dr Jacek Kieżun, prof. dr hab. n. med. Zbigniew Kmieć e-mail: janusz350@poczta.onet.pl zbigniew.kmiec@uwm.edu.pl jacek.kieżun@uwm.edu.pl

Additional remarks: Practical exercises in small groups (up to 11 people).

Symbol	s for o	utcon	nes
related	to the	disci	pline:

M/NMA_P7S_WG+++, M/NMA_P7S_UW+++, M/ NMA_P7S_KO++

Symbols for outcomes related to the field of study:

A.U1.+, B.U11.+, B.U8.+, A.W3.+, A.W2.+, K.5+, B.W16.+, B.W17.+, B.W18.+, A.U2.+, K 7 +

LEARNING OUTCOMES: Knowledge:

W1 – In terms of knowledge, the graduate knows and understands anatomic, histological, and embryological nomenclature in the Polish and English languages

W2 – In terms of knowledge, the graduate knows and understands: the basic cell structures and their functional specialisations

W3 – In terms of knowledge, the graduate knows and understands the microarchitecture of tissues, extracellular matrix, and organs

W4 – In terms of knowledge, the graduate knows and understands the stages in the development of the human embryo, the composition and functions of the foetal membranes and the placenta, the stages in the development of individual organs, and the impact of harmful factors on the development of the embryo and foetus (teratogenic)

W5 – In terms of knowledge, the graduate knows and understands the methods of intercellular communication and of the communication between the cell and the extracellular matrix, and the signal transduction pathways in cells, plus examples of disturbances in the processes leading to the growth of neoplasms and other diseases

Skills:

 $\mathsf{U1}$ – In terms of skills, the graduate can operate an optical microscope, including the use of immersion

U2 – In terms of skills, the graduate can: recognise the histological structures corresponding to organs, tissues, cells, and cell structures in the images of the optical or electronic microscope, describe and interpret their structure and the relationships between their composition and function

U3 – In terms of skills, the graduate can use databases, including those available on the Internet, and find the necessary information with the available tools

U4 – In terms of skills, the graduate can plan and perform simple scientific studies, interpret its results, and draw conclusions

Social competence:

K1 – In terms of social skills, the graduate is prepared to perceive and recognise own limitations, and assess his/her deficits and educational needs

K2 – In terms of social skills, the graduate is prepared to use objective sources of information

TEACHING FORMS AND METHODS:

Lecture(W1;W2;W3;W4;W5;U4;K1;K2;):Lecture

(W1;W2;W3;W5;U2;U3;K1;K2;):Multimedia presentation (PowerPoint presentation) using remote learning platforms (MOODLE, MS TEAMS).

Classes(W1;W2;W3;W4;W5;U1;U2;U3;U4;K1;K2;):Classes

(W1;W2;W3;W4;W5;W6;U1;U2;U3;K1;K2;): Multimedia presentations (PowerPoint presentations) preceding the practical part. Microscopic analysis of histological slides. The teaching process is supported by tablets and remote education systems based on MS Teams platform (lectures, communication), Moodle (teaching materials, practical tasks, practical tests and colloquia) and CaseCenter (virtual digital microscopy). Students identify histological structures on slides using light microscopy and/or using virtual digital microscopy.

FORM AND CONDITIONS OF VERIFYING LEARNING OUTCOMES:

Lecture (Colloquium test) - After all lectures and classes theoretical colloquium is organized (60 questions: 40 test questions - one-choice test, 8 short answer questions and 12 open questions on the 6 presented diagrams/figures; 1 point each for a correct answer, 80 minutes). A. To pass the Course, two requirements must be met simultaneously: 1) a minimum of 60% of the points obtained for the classes (short tests + practical tasks) and 2) a minimum of 60% of the points obtained for the points obtained for theoretical colloquium. For students who have not fulfilled the requirements of the regulations at the end of a given semester, revision theoretical colloquium (additional retake credit) is organized. The pass mark is 60% of the correct answers. -

Classes (Written test) - A short test on a given topic is carried out at the beginning of the classes (5 open questions, included 2 open questions on the presented diagrams/figures, 8 minutes, 1 point each for a correct answer). (W1;W2;W3;W4;W5;K1;K2;); -

Classes (Presentation) - In the case of classes using a microscope the student shall perform a practical tasks in which students recognize and describe cells and structures within cells or extracellular matrix on a microscopic images or/and electronograms. The practical task is graded on a scale from 0 to 4 (4 points for a faultless task). W1, W2, U1, U2, K1, K2 -

BASIC LITERATURE:

 A.L. Mescher, JUNQUEIRA'S Basic Histology, Text Atlas, Wyd. Edra and Urban, R. 2020, s. 15e
 Chandar, Viselli, Cell and Molecular Biology, Wyd. Lippincott Illustrated Reviews, R. 2018, s. 2nd ed

SUPPLEMENTARY LITERATURE:

Detailed description of ECTS credits awarded - part B

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Cytophysiology

The number of ECTS credits awarded consists of:

1. Contact hours with the academic teacher:	
 participation in: Lecture participation in: Classes consultation 	10.0 h 30.0 h 2.0 Total: 42.0 h.
2. Independent work of a student:	
Preparing for classes based on textbooks and providing materials.	30.00 h
Perform practical tasks.	3.00 h

Total: 33.0 h

contact hours + independent work of a student Total: 75.0 h

1 ECTS credit = 25-30 h of an average student's work, number of ECTS credit = 75.0 h : 25.0 h/ECTS = 3.00 ECTS on average: 3.0 ECTS

- including the number of ECTS credits for contact hours with the direct participation of an academic teacher: 0,00 ECTS points,

- including the number of ECTS credits for hours of independent work of a student: